



[Home](#)
[Spry Stories](#)
[Spry Culture](#)
[Spry Living](#)
[Nerd Life](#)
[Squirrel](#)
[The Biz!](#)
[Contact Us](#)
[Simple Tech Seniors](#)



spryafseniors.com

- To me SPRY is not giving in or giving up. To not feel helpless in the face of aging.
- To embrace our natural curiosity and getting out there doing and learning new things.
- To be unafraid to try to make friends or to be alone, but not lonely.
- To embracing the things that made us US, way back when we started, no matter what that may be.
- To dance our asses off to a live band, to sing at the top of our lungs while hearing our favorite songs in the car, to be creative, to be bold, to travel together or by ourselves, to push ourselves to do things that make us uncomfortable,
- to not give up being who we are at the core of our spirit and intrinsic nature.



2nd Big
Grand Opening Week
Del Farm's beautiful
New Supermarket and Kato Drugs
4759 S. CALUMET
Store Hours: Monday-Ven. Saturday
9 A.M. to 9 P.M.; Sunday 9 A.M. to 5 P.M.

GUARANTEE OF SATISFACTION

Complete satisfaction guaranteed on all Del Farm Meat and Poultry purchases in your home delivered.

Merrill's Pork

PORK SAUSAGE 1 Lb. 39¢

Country Manor Hickory Smoked

SLICED BACON 2 Lb. \$1.15 1 Lb. 59¢

Young Steer—Shoulder

DEEF LIVER Lb. 39¢

Hickory Smoked Sliced 5 to 10 Lb. Sides

SLAB BACON Whole or Half Lb. 49¢

Fresh Cut

PORK STEAKS Lb. 59¢

Fresh Cut SMALL

PORK BUTTS 6 to 7 Lb. Avg. Lb. 49¢

Top Taste Blended

WHITE FLOUR 5 Lb. 38¢

PUMPKIN 2 Lb. 29¢

RIPE OLIVES 7 oz. 1.00

MUSHROOMS 4 Lb. 99¢

STUFFING BREAD 1 1/2 Lb. 27¢

BLACK PEPPER 1/2 oz. 59¢

WHIPPING CREAM 1/2 Gallon 35¢

HONEY GRAHAMS 1/2 Gallon 41¢

Northern-Mellody Assorted Flavors

ICE MILK 1/2 Gallon 69¢

DRAFT-BREWED BLATZ 12 oz. No Deposit Bottles

85¢

FASTEST GROWING BEER IN THE U.S.A.!

98¢

12 oz. No Deposit Bottles

98¢

12 oz. No Deposit Bottles

98¢

12 oz. No Deposit Bottles

98¢

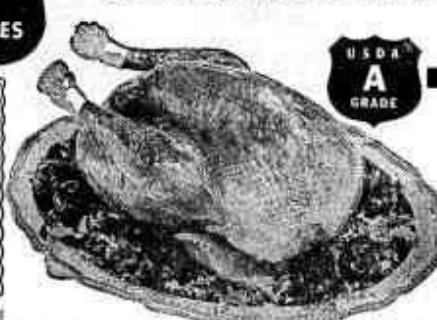
12 oz. No Deposit Bottles

98¢

12 oz. No Deposit Bottles

98¢

FOOD SPECIALS for your THANKSGIVING DINNER



U.S.D.A. Grade A

ARMOUR STAR TURKEYS 18 to 24 Lb. Avg. **29¢** Lb.

U.S.D.A. Grade A **TURKEYS** 4 to 14 Lb. Avg. **39¢**

U.S.D.A. Grade A—ARMOUR STAR **STUFFED TURKEYS** 6 to 10 Lb. Avg. **59¢**

U.S.D.A. Grade A **CAPONS** 8 to 10 Lb. Avg. **69¢**

U.S.D.A. Grade A **YOUNG GEES** 10 to 14 Lb. Avg. **69¢**

U.S.D.A. Grade A—72 oz. Each **ROCK CORNISH HENS** **69¢**

U.S.D.A. Grade A—ARMOUR STAR **DUCKLINGS** 4 to 10 Lb. Avg. **49¢**

Fresh Cut SMALL **SPARE RIBS** 2 to 3 Lb. Avg. **55¢** Lb.



Wine With Red Pork **FRESH SAUERKRAUT** .2 Lb. 29¢



Disjointed Fresh Fryer Parts Cut from Grade "A" Fryers **LEGS or BREASTS** Lb. 49¢

Grade "A" Fresh **QUARTERED FRYER** Lb. 39¢

LEGS or BREASTS (wings off) Lb. 39¢

Stocked **FRESH OYSTERS** 12 oz. 89¢

Center Sliced **HALIBUT STEAKS** Lb. 59¢

African Rock **LOBSTER TAILS** 1/2 Lb. \$1.98

Small **SHRIMP** 5 Lb. \$4.95

Small **CLAMS** 6 for 39¢

Small **OYSTERS** 6 for 39¢



Extra Fancy Jumbo Size **Pascal Celery** 24 Size Stalks 25¢

Extra Fancy **WALNUTS** 1 Lb. 59¢

Extra Fancy **WALNUTS** 1 Lb. 59¢

SHOP and SAVE with CONFIDENCE at Your Friendly DEL FARM FOOD STORES

NORTH SIDE
4417 Higgins
4708 Milwaukee
4742 Milwaukee
4845 Lincoln
4910 Clark
4746-4747 Lincoln
4748 N. Halsted
4800 W. Fourth
4907 W. North
4918 Clark St.
4920 Lawrence
4711 Chicago Ave.
SOUTH SIDE
4759 S. CALUMET
400 W. 31st St.
4122 South Park
4217 W. 14th St.
4344 W. 31st St.
4420 S. Halsted
7811 S. State St.
811 S. Damen Ave.
1018 Blue Island Ave.
4718 S. State St.
4721 S. Cottage Grove

Fresh Holiday Poultry
Grade A Fresh **ROASTERS** 4 to 6 Lb. Avg. **49¢**

Grade A Large **Fresh Fowl** 5 to 7 Lb. Avg. **39¢**

Thompson's Farms **BONELESS SMOKED BUTTS** 2 to 3 Lb. Avg. **69¢** Lb.

Morris's Fresh **PUMPKIN or MINCE MEAT** 10 oz. Pkg. **29¢**

Fido All Purpose **SHORTENING** 3 Lb. Can **55¢**

Kraft Mayonnaise **58¢**

Blue Bonnet or Top Taste Corn Oil **MARGARINE** 1 Lb. Box **24¢**

Pilbury—Yellow—White—Devils Food—Chocolate **CAKE MIX** 3 19 oz. Pkg. **\$1.00**

Philadelphia **CREAM CHEESE** 6 oz. Pkg. **28¢**

Orchard Fresh Jellied **CRANBERRY SAUCE** 200 oz. **18¢**

Bertolli Pure **OLIVE OIL** 1/2 Gallon **\$1.99**

Libby's White Kernel or Cream Style **GOLDEN CORN** 2 203 oz. **45¢**

Northern-Mellody **HALF & HALF** 1/2 Gallon **29¢**

COCA-COLA

16 oz. Bottles **69¢**

Plus Deposit

8

16 oz. Bottles **69¢**

Plus Deposit

8

16 oz. Bottles **69¢**

Plus Deposit

8

16 oz. Bottles **69¢**

Plus Deposit

8

16 oz. Bottles **69¢**

Plus Deposit

8

16 oz. Bottles **69¢**

Plus Deposit

WHY GAMBLE? THIS WEEK, BUY "SUPER-RIGHT"! DOUBLE YOUR MONEY BACK

...if you are not completely satisfied with the "Super-Right" meat you buy at A&P. You can't lose. Be happy or get twice what you paid. (Price label and register tape is necessary, of course!)

5 REASONS WHY A&P RIB ROASTS OFFER BETTER VALUE!
• Bone Ready—One Price Only • Extra Cooking—No Further Bones
• Short Ribs Removed • Wonderful Flavor Bone Cut Away
• Only One Piece To Slice, Not Six As Rib Roast



"Super-Right" Quality—SHORT CUT
RIBS OF BEEF
A&P SELLS ONLY
OVEN-READY
Cut from the First 4 Ribs Only!
NONE PRICED HIGHER! **69¢** lb.

"Super-Right" Quality
Beef Short Ribs 49¢
Chuck Fillet Steaks 79¢
Soup Beef 65¢
Rib Steaks 75¢
Italian Sausage 69¢
Sliced Bacon 69¢
Swift's Franks 69¢
Bologna 55¢
Cooked Ham 99¢

Seafood Buys!
Fried Scallops 2 for 89¢
Ocean Perch Fillets 43¢
Fried Shrimp 69¢
Shrimp Cocktail 3 for 95¢
Halibut Steaks 79¢
Fresh Codfish Fillet 59¢

"Super-Right" Quality
FULLY COOKED SMOKED HAMS
U.S. GOV'T. INSPECTED
OVER 10 LBS.
WHOLE or EITHER HALF—FULL CUT 59¢ lb.
SHANK PORTION 39¢
Butt Portion 49¢
Ham Steaks or Roasts 99¢

FRESH LARGE 4 1/2 TO 5 LBS.
Roasting Chickens 49¢
It's Time For Stew!
VEAL Breast 39¢, Boneless 79¢
BEEF Lean Boneless 79¢, Cubes or Strips 79¢
LAMB Breast 19¢, Neck or Shank 39¢



"Super-Right" Quality Beef
Pot Roasts
BONELESS CHUCK 69¢ lb.
CALIFORNIA CUT 59¢ lb.
Brisket Beef 99¢
Newport Roasts 99¢

Canned Picnics 3 for 1.99
Pork Roasts 59¢
"NONE PRICED HIGHER!"
What it means at A&P!
Simply that if you guarantee that you do not pay any higher price on the particular item of your choice than A&P's advertised price.

Baked For You By Jane Parker! Pick-of-the-Crop Produce!

Peach Pie 49¢
Assorted Cookies 2 for 79¢
Glazed Donuts 9 for 55¢

Raisin Bread 29¢
Large Donuts 12 for 45¢
Danish Almond Ring 45¢

YELLOW GOLDEN BANANAS 2 for 29¢
NONE PRICED HIGHER!

WASHINGTON STATE FANCY RED DELICIOUS Apples 2 for 29¢
NONE PRICED HIGHER!

Value-Priced Frozen Foods!

Orange Juice 3 for 85¢, 6 for 89¢
Morton Harvard Beets 21¢
Creamed Onions 37¢
Collards 2 for 27¢

Green Beans 59¢
Vegetables 2 for 59¢
Sara Lee Pound Cake 69¢
Little Chef Pizza 49¢
Potatoes 2 for 85¢

VINE-RIPENED Tomatoes 29¢
NONE PRICED HIGHER!

CALIFORNIA Broccoli 29¢
NONE PRICED HIGHER!

Cash-Saving Dairy Selections!

Mel-O-Bit Slices 49¢
Muenster Slices 79¢
Imported Provolone 1.49

Swiss Slices 89¢
Grated Cheese 65¢
Cream Cheese 29¢

Oranges 10 for 49¢
Grapefruit 4 for 49¢
Oranges 5 for 49¢
Avocado Pears 19¢
Tomatoes 25¢
Lemons 6 for 35¢

Mushrooms 59¢
Sweet Corn 3 for 29¢
Radishes 2 for 15¢
Brixels Sprouts 29¢
Pitted Dates 39¢
Washed Spinach 29¢

SAVE PLAID STAMPS

Plaid effective through Saturday, Jan. 24 at A&P stores in Nassau, N.Y., and Westchester County.

THE NO. 1 STAMP PLAN IN THE NEW YORK AREA

All Sliced Products and Sliced Steaks except from Plaid Stamp offer.

Food for Thought: What We Ate As Children

CANDY!!

Chuckles were invented in Danville, Illinois by candy salesman, Fred W. Amend in 1921. He solved the problem of stickiness by “sanding” the gummy candies with fine sugar.



J Fish Smith developed a sweet-and-sour powdered drink mix called Frutola, meant to be mixed with water. He noticed that children preferred pouring the sugary powder directly into their mouths instead of mixing it into a drink. And so, **Pixy Stix** were born!

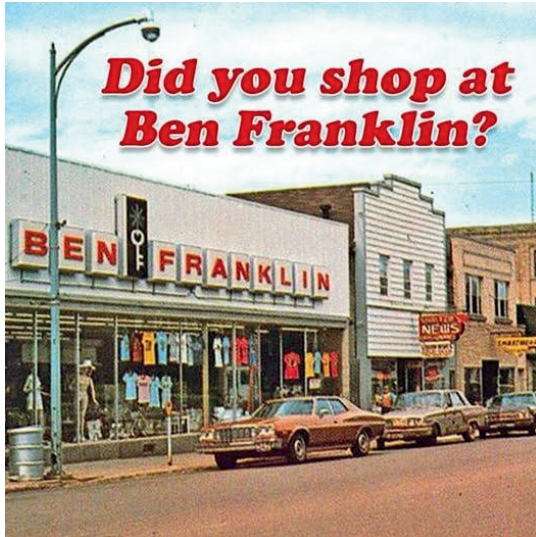
SweetTarts were developed under the direction of Menlo F. Smith, CEO of Sunline. They were created in St. Louis, Missouri, as a solid, less messy tablet version of the popular powder candy Pixy Stix and Lik-M-Aid.



Charlie Fox and Donley Cross created **Charleston Chews** in 1923 in Cambridge, Massachusetts. They were named after the 1920s dance craze, the Charleston.

The Prize: A real live pony (with an option for a horse or a color TV if preferred/won). How to Enter: Consumers had to mail in a specific number of Charleston Chew candy bar wrappers (often cited as 5 wrappers) along with an entry coupon found inside or on the packaging.





Books about Candy:

The Emperors of Chocolate: Inside the Secret World of Hershey & Mars; Joel Glen Brenner

Candy Freak: A Journey Through the Chocolate Underbelly of America; Steve Almond

Shows about Candy:

The Food that Built America - Candy Episodes (available on the History Channel or any other streaming service that carries the History Channel)

Season 2, Episode 2 - "A Sweet Competition" focuses on the post-WWI era where Milton Hershey faced new competition from former employees and rivals like H.B. Reese

Season 5, Episode 6 - "Penny Candy Crazy" tells the story of the creation of the first wrapped penny candy (the Tootsie Roll) alongside Tropical Charms and the rise of the lollipop

Season 4, Episode 2 - "Candy Revolution" Highlights how a cereal executive's choice to finance the Willy Wonka movie sparked a massive wave of imaginative candies.

Season 1, Episode 7 - "To the Milky Way and Beyond" Explores the world's largest candy companies, family feuds, corporate espionage and major innovations.